
SIXTY-FORTY RESIDENT NEWSLETTER (APRIL 2022)



SAH Spring Gathering on April 8, 2022

An Easter Message from the Dean of SAH

“Why do you look for the living among the dead? He is not here; he has risen!” Luke 24: 1-12

Christ is Risen! He is Risen indeed – Hallelujah! Happy Easter friends of St. Andrew's Hall. What a wonderful journey we've been on over these past forty days. Dr. Darrell Guder, Senior Fellow in Residence for the SAH Centre for Missional Leadership, started our time together back on Ash Wednesday with a reminder that “the observance of Lent is one of Christianity's oldest ‘pious practices’.” How has this most recent season of Lent helped shape your sanctified imagination for following Jesus out into the world he died to save? How has your daily reflection on God's Word helped empower you to know yourself as “saved to be sent” as a witness participating in God's reconciling ministry?

As we come once more to the familiar and transformative Easter story in Scripture, we read about the original followers of Jesus being disorientated, surprised, and confused in light of the empty tomb. With two thousand years of systematic theology and church tradition behind us, it can be harder for us to feel the same sense of shock at what God accomplished for the world in empty cradle, cross and tomb. And yet, in this post-Christendom Canadian landscape there are more and more of our affable agnostic neighbours for whom the resurrection story is as unfamiliar and startling as it was for those first disciples. There's something I almost envy in that “unknowing.” Imagine, being shocked and swept off your feet again for the first time with the discovery that God really was in Christ reconciling the world unto himself and not counting our sins against us. Wow!

At St. Andrew's Hall, we delight in building a residential, learning community year after year that seeks to proclaim and live the grace, love and freedom granted to us in Christ's resurrection. You are part of that community, and part of Christ's family



we call the church. On this Easter Sunday, let us rejoice together and seek to tell those who do not yet know that Christ has set us free from sin and death to live as cheerful witnesses of God's grace in the world. As John Calvin said, “through his death, sin was wiped out and death extinguished; through his resurrection, righteousness was restored, and life raised up.”

Prayer: Risen Lord Jesus, we glorify you on this day of days. We praise you that your dying and rising has given us new life. Help us to share this good news with others today and always. Help us to proclaim your goodness and embrace the power of your resurrection, for you alone can disempower our depravity and enliven us by grace. Amen.

Rev. Dr. Ross Lockhart is Dean of St. Andrew's Hall and Professor of Mission Studies at Vancouver School of Theology.

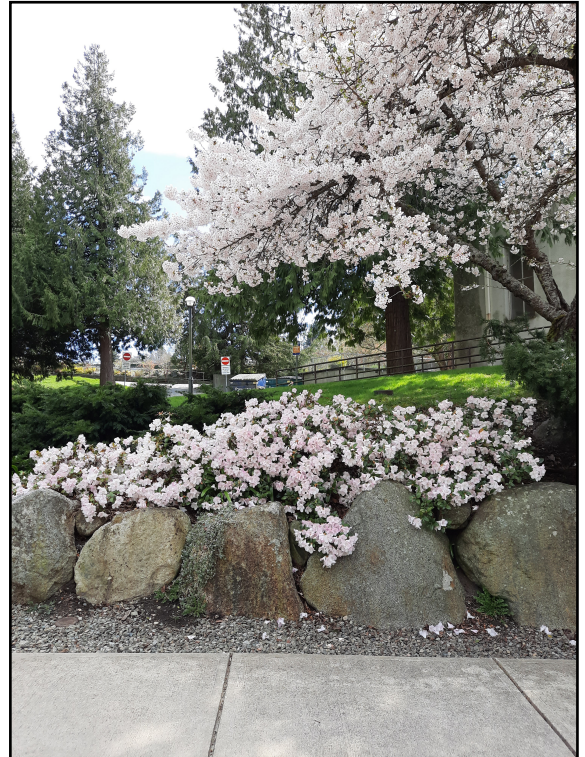
Message from Silva - Community Coordinator

Spring has to be one of the most amazing times of year here in Vancouver. The cherry blossoms are beyond beautiful, absolutely breathtakingly beautiful! The older I get (and that seems to happen faster and faster) the more I appreciate the beauty of nature and the variety of colors through the year. The light pastel shades of springtime, such as Easter decoration green, yellow, pink and purple, are a welcome source of joy to me after a long period of west coast grey rain. I highly recommend you to take time every day (even during finals!) to go outside and really look at the amazing colors we are surrounded by. If something catches your eye, take a photo and send it to me and we will include it in a future issue of this newsletter.

Recently I had a conversation with a lady I meet almost every workday. We normally only engage in small talk, but this particular time we ended up having an in-depth conversation. I was amazed to hear her story and the difficulties she has endured. After that conversation I have found myself wondering what stories people have stored up in their hearts. It really is fascinating to hear other people's life experiences! There is a project called The Human Library (www.humanlibrary.org) that began in Denmark twenty years ago. The idea is that you sit down with a stranger and just listen to their story. While most of us wouldn't want to share our deepest hurts and sorrows with just anyone, we all have stories that are worth telling, both sad and happy ones! If you would like to tell your story –get in touch and I would find it a privilege to listen.

Best wishes for a colorful and joyous spring,

Silva



Interview with SAH Resident Chanil Lee

1. The meal I like best right now is ... KFC. It is not Kentucky Fried Chicken, but Korean Fried Chicken. :) H-mart, near the campus is the best place to enjoy this kind of chicken.

2. I am a big fan of ... novels. One of my favourite books is *Empire of the Ants* by Bernard Werber. I am also fond of the books by French author Guillaume Musso, and the books of Japanese author Haruki Murakami. Right now I don't have enough time to read novels because I should read academic books for my study. It is very sad to me. :(

3. Someday, I would like to ... be a person who works for or serves this fantastic community, St. Andrews Hall, because I love this place and I want to make it a more beautiful place.

4. I would like to overcome ... being afraid of my English skills. I dream one day I can have conversations in English naturally.

5. Living at St. Andrew's Hall is ... one of the best gifts in my life. I am so grateful to be a resident here. Everything is perfect for me, but especially, I will never forget to see the field where my children play with the other cuties.



Living in the Cross Currents

Chaplain Sumarme Goble



Garry Point Park - Ann Hung - Flickr

Steveston is one of my favourite places to spend a weekend afternoon. Nearby, Garry Point Park is a great place to view the tugs, fishing boats, and the Gulf Islands. I like to get fish and chips and have a picnic there with my family. The park is situated on a bank of the Fraser River where it meets the Georgia Strait. Looking out at the water, you can sometimes see cross currents on the surface of the water going every which way. Yet deep down below the surface is a stronger current that flows into the Strait, which connects with the Pacific Ocean.

Daily life has lots of surface currents that compete for our attention and can cloud our ability to discern who we are, how we are to live, and our sense of what God may be specifically calling us to do in this season of life. Some of these currents may have to do with a fear or doubt that shakes up our sense of self and calls our capabilities into question. For instance: Am I good enough to do this thing I feel called to do? Do I have the capacity to meet the challenges? How will I pay for this or support my family? What if my long-held beliefs conflict greatly with what I am learning and discovering?

To respond to these kinds of questions, we need to dive down to the stronger current that flows below, no matter what the currents on top are doing. You might call that current your core values, your truest desires, a spiritual inheritance, the work of the Holy Spirit, or a combination of those things. This current is greater than yourself, and it can guide your commitments, re-frame and direct your purpose, and help you make sense of those things that matter

most. This deeper current can guide you to live life to its fullest and to be God's agent of healing and reconciliation in the world.

As a Christian, my primary calling is to recognize that I am God's beloved child and to respond to this love by loving God in return and bringing God glory in the way I live my life – by loving my neighbors, caring for creation, and becoming more fully the person God created me to be. To do this, I have to reflect on the person I am and the person I want to grow into being. It takes hard inner work to ponder one's vocation, lifestyle, and the meaning and purpose of one's life ... and then to follow through on one's findings. Yet, doing this throughout one's life can sustain the strong current that makes life worth living no matter what cross currents you're navigating. In the Bible, Proverbs 3:5-6 gives helpful wisdom:

Trust God from the bottom of your heart;

don't try to figure out everything on your own.

*Listen for God's voice in everything you do,
everywhere you go;*

God is the one who will keep you on track.

As you journey through life, may you come to understand your callings, what you are drawn to, and what moves and touches your heart and mind. May you live from the deep currents of God's grace and love so that your life will flourish in every context and ripple out joy to those around you.

If you would like to have a conversation with me around matters of vocation or discernment, you can email (chaplains@standrews.edu) or text me anytime (604-782-2228).



“Lighthouse”
Artwork by SAH townhouse
resident Jonathon — Grade 6

CAMP DOUGLAS

SUMMER 2022

SUMMER PROGRAMS

July 10-29 LIT
July 10-15 Small Fry
July 17-22 Intermediate I
July 24-29 Girls Camp
August 5-7 Family Camp
August 8-12 Intermediate II
August 14-19 Youth Camp



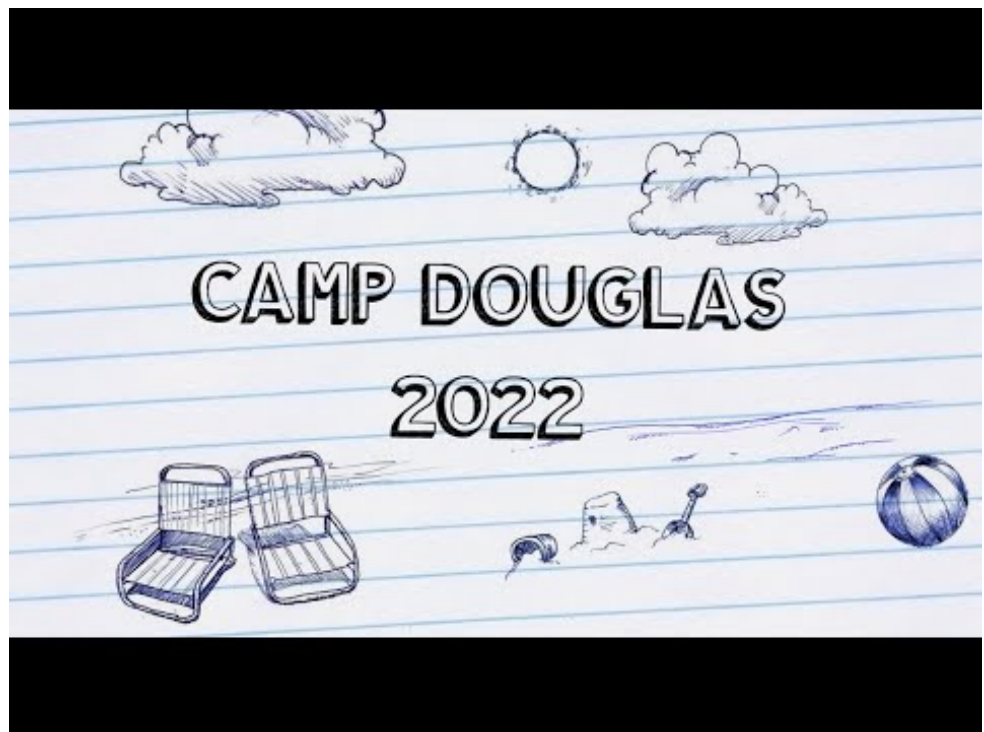
This Summer we are back at Camp!

Camp Douglas provides a fun, safe, challenging program for children, teens, and families in a Christ-centred environment. We are located on a beautiful ten-acre site in Roberts Creek on the Sunshine Coast, where our camp buildings are nestled between a patch of west coast rainforest and the Pacific Ocean. We are a small, community-sized camp. Our staff are dedicated to meeting the needs of families, individual children, and teens. There are two cabin leaders for every five to nine campers. Programs are play-based and relational.

Financial Assistance Available

If you need help to send your child to Camp this summer, contact the director at director@campdouglas.ca

Click on the Camp Douglas image to see a video introduction to the camp.



Alex's Mom's Cheesy Broccoli Soup

Alex was a resident at SAH a few years ago. He said this was his favourite soup that his mom made. It is delicious!

YIELD: 6 cups PREP TIME: 15 minutes COOK TIME: about 45 minutes TOTAL TIME: 1 hour

INGREDIENTS:

5 tablespoons butter
1 medium onion, diced small
1 clove garlic, peeled and minced finely
2 cups low-sodium vegetable or chick stock
2 large carrots, trimmed, peeled, diced into tiny pieces
4 cups broccoli (florets and stems), diced into bite-size pieces
2 1/2 cups milk
1/4 cup all-purpose flour
3/4 teaspoon salt, or to taste
3/4 teaspoon freshly ground black pepper, or to taste
1/2 teaspoon smoked paprika or regular paprika, optional and to taste
pinch cayenne pepper, optional and to taste (doesn't make soup spicy and serves to enhance flavor)
8 ounces grated high quality extra-sharp cheddar cheese

DIRECTIONS:

1. In a soup pot, sauté onion in butter over medium heat until the onion is translucent and barely browned, about 4 minutes. Stir intermittently.
2. Add the garlic and cook about 30 seconds, stirring constantly so it doesn't burn. Remove from heat and set pan aside.
3. Add the vegetable stock and carrots, simmering until the carrots are soft.
4. Add the broccoli and cook for about 5 minutes until broccoli is almost soft.
5. Add 2 cups of milk to the pot, and 1/2 cup of milk to a glass shaker jar.
6. Add the flour to the glass shaker jar, put the lid on it and shake to mix the flour and milk. Make sure there are no lumps in the shaker jar, and then add to the soup pot, stirring constantly to mix with milk and stock.
7. Allow mixture to simmer over low heat for about 15 to 20 minutes, or until it has reduced and thickened some. Whisk intermittently to keep flour/milk mixture from forming lumps in the soup.
8. Add the salt, pepper, optional paprika, optional dry mustard powder, and optional cayenne. Stir to combine.
9. Allow soup to simmer over low heat for about 20 to 25 minutes, or until it has reduced and thickened some.
10. While soup simmers, grate the cheese and add stir into the soup until melted and incorporated fully, less than 1 minute. Serve. Soup will keep airtight for 5 to 7 days in the fridge. Reheat gently in the microwave or on the stove.